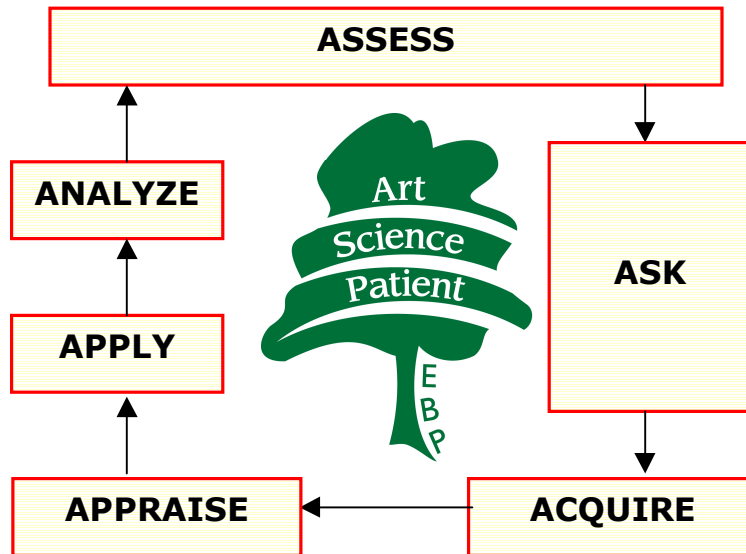


**Recipe for EBP
Model for Evidence-Based Practice***



Evidence-Based Practice Process Steps

- ❑ **Assess** the need for a practice change
- ❑ **Ask** a clinical question that can be answered using evidence-based resources
- ❑ **Acquire** relevant evidence by searching the literature
- ❑ **Appraise** the validity and usefulness of the evidence
- ❑ **Apply** evidence by performing a pilot project
- ❑ **Analyze** results to determine if a practice change is warranted

*Model for EBP adapted from Centre for Health Evidence
<http://www.cche.net/info.asp>

For more information contact:

Dr. Tart, Director for Research and Evidence-Based Practice
Ext. 3218 or rtart@catawbavalleymc.org or
members of the Research and EBP Council