What's NEW with EBP&U? This innovative educational opportunity, first offered in 2012-2013, has been totally revamped. What's new? By graduation, scholars have their EBP project implementation plan ready to put it into action in their respective departments! Utilizing the feedback from its pioneer scholars, Kim Bumgarner and Freda Glen, and their advisors, EBP&U was redesigned to make it more practical and thus valuable to the scholars and the organization as a whole. Building upon its original objectives, EBP&U 2013-2014 includes structure to facilitate application of the EBP process to the development of a practice change implementation plan in the scholars’ area of specialty/interest.

Who’s Who in the EBP&U Class of 2014? The Department for Research and Evidence-Based Practice and the Research & EBP Council were excited to receive applications from both bedside nurses and nurse leaders. The four scholars selected for admittance form the EBP&U 2013-2014 cohort, which is advised by Dr. Rebecca Tart. Meet them…

- **Libby Shaver**, MSN, CPN, Bariatric Program Coordinator, Surgical Weight Management
- **Jean Bassett**, BSN, RN, Critical Care
- **Deanna Griffie**, RN, OCN, Infusion Center
- **Stephanie Chapman**, MSN, RN, NEA-BC, Director, Medical and Critical Care Center

Why did these Scholars Apply? Different aspects of the program appealed to Shaver, Bassett, Griffie and Chapman. From advancing clinical decision-making skills, utilizations of best practice, ability to role model EBP, to the benefit the curriculum could provide to their formal education pursuits, scholars were drawn to EBP&U for a variety of reasons. Regardless of their original motivation, each scholar will attain a solid foundation as a knowledgeable EBP consumer with the skills necessary to become a practice change agent in their specialty area(s). Not enough motivation yet? Aside from the professional growth opportunity, EBP&U continues to be a PEP activity. For the 2013-2014 PEP year, EBP&U scholars can earn a maximum of 15 points for successful completed the curriculum making their time and effort worthwhile in a monetary way too.

If you are interested in becoming a scholar, consider applying for the class of 2015 next summer! The 2014-2015 EBP&U Application and Curriculum will be posted online along with the 2014-2015 PEP Application.
HATS OFF

Newly Certified
Paul Packard, DNAP, CRNA, CCRN, NEA-BC, EMT-P, Director of Anesthesia, successfully passed the Nurse Executive Advanced certification exam.

RESEARCH RAP

CVMC Original Research
Since early 2011, 34 nursing research studies have been reviewed by the IRB. Three studies are active, while 21 were completed in 2011 or 2012. Whenever you find yourself thinking ‘Research is for bigger hospitals’ … think again. It’s happening right here at CVMC.

LET’S TALK MAGNET®

COUNTING DOWN TO ‘SHIPPING DATE’!

Including holidays and weekends, only 92 days are remaining before CVMC’s 4th Magnet® application submission date arrives. Currently, last edits and final touches are being made to the application. Tables, graphs and the organizational overview are currently being finalized. Lastly, the table of contents, glossary and page numbering will be added. This attention to detail serves to create an application document that demonstrates to the Magnet® appraisers the same level of EXCELLENCE that patients experience while receiving YOUR care at CVMC.

Recalling the mountain of paper that CVMC submitted for applications in the past, electronic submission is much more environmentally friendly, while being much less intimidating and easier to physically ‘handle’. These final phases of ‘creating CVMC’s story’ and painting a picture for the appraisers are exciting and exhilarating. ‘Expect the Best’ isn’t merely a theme for Magnet 2014; rather it’s CVMC’s state of being and our community promise evident in every patient encounter.

PROFILE PORCH WITH MISTY OXENTINE, BSN, RN-NC

How does delivery in our Pavilion compare to past deliveries in the Main Tower BC? Read on to find out.

With the opening of CVMC’s Pavilion in February, 2013, laboring moms have been able to deliver in our progressive and innovative birthing center. Misty Oxentine, BSN, RN-BC, Surgical Professional Development Coordinator, shares her recent experience with the birth of her daughter both through the eyes of a laboring mother and a healthcare professional.

“The rooms were equipped with almost everything, so the staff didn’t have to go in and out of the room. The wireless fetal monitoring belt was much more comfortable with this delivery, as compared to feeling strapped in the bed previously. The absence of other visitors and family members in the hallways made me feel much more comfortable walking around the unit. Limiting the number of visitors was also incredibly helpful during this tiring time,” Oxentine emphasized.

Her experience demonstrates the impact of technology, new fetal monitoring equipment and how limited visitation impacted this delivery compared to previous ones. Misty remembers, with the births of her first 2 children in the old facility, there would often be a large number of visitors from other laboring mothers that would congregate in the hallway, making her feel uncomfortable when ambulating. Recalling her recent delivery, Misty shares, “I also enjoyed ‘quiet time’ between 2-4 pm with little to no interruptions, so that I could rest. My experience on the new birthing center was great!”

Misty and her husband, Shannon, have three children, Harrison (8), Cooper (4) and Peyton (6 months). This busy mother of three is currently enrolled in graduate school at UNC-Greensboro. Working towards her Master in Nursing Education, Oxentine plans to graduate in May 2014.